



A Great Place To Work And Learn

October 1, 2009

Newsletter Date

Reston Elementary Newsletter

Balanced School Day (B.S.D.) Update

The staff will be meeting regularly to discuss our implementation of the B.S.D.

I'd like to share with you some of our observations now that we are one month into implementation:

1. More children are having a snack, in the morning.
2. We are selling more milk.
3. Children are having an excellent range of nutritious foods packed for their meals.
4. We are still monitoring the nutrition time so that children have time to eat everything. In some cases c we have noticed children

have too much food. The initial intent was that children would eat the same amount of food over the day, but that it would be spread more evenly throughout the day. We are encouraging children to take uneaten food home so parents will know how much is being eaten and can adjust amounts to suit. We do understand that different people have different nutrition needs and this will also impact on how much you need to pack.

5. Older grade classes really enjoy the longer instructional blocks.
6. Garbage from RES stu-

dents is almost eliminated on the playground.

7. Some parents have reported that their children are not as hungry after school.
8. We have seen a gain in instructional time.

No doubt there will be challenges as we move through the year. We will work to address each one as it arises and we certainly appreciate your patience as we do this.

Have a great month!

David and staff

From the lunchroom:

- The microwaves are for re-heating food, not cooking it! Please send items that can be re-heated in a short time period, 1-2 minutes at most.
- We are seeing quite a few unfinished drinks being poured down the sink. We hate to see good drinks being wasted. One way to avoid this would be to pour juice into a screw top bottle which would allow your child to drink it over two breaks or bring home anything they don't finish.

School Goals, 2009-2010

Every year schools in Manitoba are expected to put together an annual school improvement plan.

The goals that our school planning team

have developed are:

1. We will improve student learning by increasing student engagement by infusing technology across the curriculum.
2. We will re-organize

the school day to reduce transition time and gain instructional time for all students. We will use research on good nutritional habits to improve educational outcomes for all students.

Notes:

- Many children are arriving to school well before 8:45am. There is no outside supervision at school until 8:45 am so if you are able to send you child later, or make alternate arrangements we would appreciate that. Thanks

Contact Us!

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► Where every child
succeeds!

We're on the web:

www.flbsd.mb.ca/res

Balanced School Day Parent Comment

Please cut out and return this form with any questions you may have about the Balanced School Day.

Divisional sports for Grades 5 and 6 start up on October 8th!! We have a soccer tournament at VJH from 1pm—3pm. More information will follow.

Terry Fox Run

Once again the R.E.S. Community has raised a tremendous amount of money for the Terry Fox Foundation—

\$4,264

- is the final figure!

Well done everyone! Watch out in the next couple of weeks for a 'cool' new look for Mr. Gillingham.

Bus Ridership

We started our annual bus ridership program today. All students practiced a bus evacuation and listened to a presentation on safe bus ridership.

I have attached a copy of the bus ridership rules to this newsletter so parents have a copy for your reference.

We are fortunate to have very few bus ridership problems and we hope it will stay that way!

Student Council, 2009-2010

Our student body has elected the following students onto our student council for this year:

<i>President:</i>	<i>Stephanie Gervin</i>
<i>Vice-President:</i>	<i>Carla Joseph</i>
<i>Secretary:</i>	<i>Nicole Martin</i>
<i>Treasurer:</i>	<i>Scott Boulton</i>
<i>Social Convenor:</i>	<i>Rachel Shurvell</i>
<i>Room Reps:</i>	<i>Kallie-Jo Marsh, Kyle Campion, John Patmore, Austin Taylor</i>
<i>Staff Advisors:</i>	<i>Mrs. Gillander, Mrs. Greig</i>

Congratulations!!