

FORT LA BOSSE SCHOOL DIVISION

TITLE – **HEALTHY FOODS IN SCHOOLS & OFFICES*** POLICY - **EFB**

Resolution # - 66/18

Cross Reference - [EF](#)

Last Reviewed - 09/04/18

Legal Reference – [Healthy Food & Beverage Choices at Meetings & Conferences](#) – MB Health & Healthy Living, MB Agriculture Food & Rural Initiatives in cooperation with the University of MB Human Nutritional Sciences Practicum program (01/05)/ Dietitians of Canada- [Recommendations for School Food and Nutrition for Ontario Ministry of Education](#) (09/04)/ Frontier S.D. Healthy Foods Policy

Children need healthy food for growth and development. It is expected that students be taught the principles of healthy eating as part of the school program. In addition, school meals or snack programs should provide students with the energy required to learn and to be physically active each day. Children also learn from what role models say and do. The school environment must support this learning by promoting nutritious and dentally acceptable food choices in canteens, cafeterias, classrooms and offices.

This policy does not impact on lunches, snacks, etc. that students or staff members are bringing from home. It is hoped that this policy will encourage students and staff to begin thinking about healthier food choices in their day to day life both in and out of school.

Schools that choose to operate a canteen/cafeteria will be encouraged to do so by requesting tenders for the operation of the service within the school. Individual schools will be responsible for developing their own agreements however the successful tender will need to utilize the FLBSD Healthy Foods Policy.

